



Castlegar Better At Home Program

Helping seniors remain independent by providing non-medical home supports and services to seniors in their homes.



Better at Home is funded by the Government of British Columbia.

About Better At Home:

- Provides non-medical supports to seniors, in their homes, helping seniors remain independent.
- Offers a variety of services for seniors to choose from.
- Services provided by screened volunteers and contractors.
- Sliding scale fee schedule eliminates financial barrier to obtaining services. (Fees based on income.)

Services to choose from could include:

- Housekeeping
- Yard work: lawns/snow removal
- Transportation
- Home Repairs
- Errands
- Friendly Visitor

Other details:

- Fees invoiced and collected by Castlegar Community Services (no financial exchange between seniors and volunteers/contractors.
- No tipping allowed

How do seniors get started?

1. Call Castlegar Community Services to register with Better At Home.
2. Better At Home staff will be in touch to register you, including discussing your needs and requirements, and the fee schedule.
3. Your requirements will be matched to volunteer(s)/contractor(s) to best suit your situation.
4. Volunteers/contractors will connect to determine schedule for service.
5. Better At Home Program will invoice the senior directly.



Castlegar Better At Home Program NEEDS YOU!

Program components include:

1. **Seniors** who require services – determine which services will work for you.
2. **Volunteers** to provide services –incentives for valuable community service.
3. **Contractors** to provide services – program needs community minded businesses like YOU – to benefit our seniors.

Volunteers

- ✓ **Incentive program** includes training, milestones recognition program, lunch events with door prizes, and satisfaction of being involved with a great community program serving our seniors.
- ✓ **Training program** includes free educational events to better prepare you for volunteering with seniors, and others.
- ✓ **Mileage reimbursement** for vehicle use when transporting a senior.

Contractors

- Local businesses that provide services in the Better At Home categories are requested.
- Businesses supporting the program by providing free services to seniors can be partially compensated through the program.
- Please call for more information on how you can be a community minded business, supporting our seniors.

Castlegar Better at Home contact information:

Castlegar & District Community Services	250.365.2104
1007 2 nd St. Castlegar, BC V1N 1Y4 Fax:	250.365.2154
Program Coordinator: Sandi McCreight	250.365.2104 Ext. 34
Volunteer Coordinator: Judy Soroke	250.365.2104 Ext. 35

