

**YOU ARE NOT ALONE!**



**THERE IS SOMEONE  
WHO CAN HELP!**

Over 500,000 Canadian homes live with domestic violence. The effects of exposure to violence in relationships can follow a child and youth from home to school, and to the larger community.

Children's exposure to the abuse of their mother significantly disrupts their academic, social and emotional development.

Prevention and early intervention programs are critical.

For more information on your local Children Who Witness Abuse (CWWA) program, contact  
Castlegar & District Community Services  
1007 2nd Street  
Castlegar, BC  
V1N 1Y4  
Phone: 250.365.2104  
Fax: 250.365.2154

[www.cdcss.ca](http://www.cdcss.ca)

## **Children Who Witness Abuse (CWWA) Program**



## **For Children and Youth Exposed to Domestic Violence**

**Castlegar & District  
Community Services Society**

(250) 365-2104





## CWWA Program

The Children Who Witness Abuse program is an intervention/prevention program using art and play to support children and youth ages 3-18.

### CWWA Program Purpose:

- To support children and youth and help them learn new skill in expressing thoughts/feelings.
- To promote attitude and behavior change in ways that will help the child or youth feel safe and better able to succeed.

## CWWA Program Goals:

- To provide a safe and playful setting for children and youth ages 3-18 within which to discuss trauma, learn to manage response, express thoughts and feelings related to violence.
- To directly help children and youth exposed to violence in relationships increase self-esteem and confidence.
- To develop parental awareness of how domestic violence affects their children.
- To interrupt, break the cycle of intergenerational violence.



## CWWA Services Will Help Children and Youth to:

- Express feelings in a healthy way
- Understand that they are not responsible for the violence
- Develop a safety plan
- Identify support networks
- Identify cycles of violence
- Recognize their strengths and increase their self-confidence

### CWWA Services Available:

- Are FREE
- Confidentiality is maintained at all times
- Counseling for children and youth using art and play therapy
- Support for caregivers